**Overcoming Worry**

Matthew 6:25-34

**I. Do not worry about the little things – Matthew 6:25**

**II. Live one day at a time – Matthew 6:27, 34**

-Do not be anxious about anything -Phil 4:4-7

-Cast all your anxiety on Him -I Peter 5:6-7

-You are *just* a vapor– James 4:14

**III. Have Faith in your Heavenly Father- Matthew 6:26, 28-30**

-Abraham- Genesis 22:7-8

-Shadrach, Meshach, and Abed-nego – Daniel 3:8-17

**IV. Seek First the Kingdom of God- Matthew 6:31-33**

-Be transformed by the renewing of your mind – Romans 12: 1-2

-Blessed is a man who perseveres under trial – James 1:12

-Jesus “will give you rest” – Matthew 11:28

-Love God – Matthew 22:36-40

**Matthew 6:33**

"But seek first His kingdom and His righteousness, and all these things will be added to you.