**Overcoming Worry**

Matthew 6:25-34

**I. Do not worry about the little things – Matthew 6:25**

**II. Live one day at a time – Matthew 6:27, 34**

 -Do not be anxious about anything -Phil 4:4-7

 -Cast all your anxiety on Him -I Peter 5:6-7

 -You are *just* a vapor– James 4:14

**III. Have Faith in your Heavenly Father- Matthew 6:26, 28-30**

 -Abraham- Genesis 22:7-8

 -Shadrach, Meshach, and Abed-nego – Daniel 3:8-17

**IV. Seek First the Kingdom of God- Matthew 6:31-33**

 -Be transformed by the renewing of your mind – Romans 12: 1-2

 -Blessed is a man who perseveres under trial – James 1:12

 -Jesus “will give you rest” – Matthew 11:28

 -Love God – Matthew 22:36-40

**Matthew 6:33**

"But seek first His kingdom and His righteousness, and all these things will be added to you.